# citizen services

Celebrating 46 years of service to Tarrant County seniors



Senior Citizen Services is affiliated with the United Way of Tarrant County and the Area Agency on Aging of Tarrant County.



# Welcome Message

As we hear stories of frail health, increased depression and loneliness among older adults, we more clearly recognize the need for Senior Citizen Services of Greater Tarrant County. SCS is successfully reducing senior isolation by connecting seniors to each other and to their community. Our efforts are focused on empowering older adults to live more fully with purpose, independence and dignity. As we measure our performance against the agency's Strategic Plan, SCS is hitting the target 90% of the time. Our overall focus is healthy aging. Socialization, nutrition and transportation at neighborhood senior centers are basic building blocks. On top of these, SCS has added three critical wellness programs: A Matter of Balance Fall Prevention, Better Choices Better Health Chronic Disease Self-Management, and HomeMeds Medication Management. The final result is healthier, more active seniors, eating well, exercising, socializing and giving back through volunteer service. Last year over 8,000 older adults benefited from participating in programs offered by SCS. In the next year, we will implement a new marketing plan to increase visibility and a technology plan to work more effectively and efficiently. Resources are always needed to respond to the growing need to support seniors aging in place and living more fully. Thanks to your generous support as friends, donors and volunteers, SCS is achieving its mission in service to the older adults of Tarrant County. We greatly appreciate your past support and your future commitment to the seniors of Tarrant County!



Amy Moss, DO, FACOI President, Board of Directors



Jerome H. Mosman Executive Director

# **About Today's Speaker**



Robert N. Cluck, MD, was elected to the office of Mayor of the City of Arlington in May 2003 after serving two terms on the City Council. Mayor Cluck is currently the Vice President for Medical Affairs at Arlington Memorial Hospital, a position he has held since 2002. His primary goal as Mayor is to develop Arlington's economy to enable better support of basic citizen services. He also wants to improve public safety; provide financial and human resources to clean up, develop, and redevelop the city; continue to attract and maintain high-paying jobs for residents; work to ensure that the air we

breathe is clean and safe; and ensure that the city runs in a cost-effective manner.

## Annual Meeting Agenda: 2/20/2013

Welcome Dr. Amy Moss

President. Board of Directors

Invocation Evelyn Siegel

President, Community Advisory Cabinet

**LUNCH SERVED** 

Introduction of Guests Year in Review Jerome H. Mosman, Executive Director Jennifer Severance, Ph.D., Program Manager

### SPECIAL RECOGNITION

**Aetna** 

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**Amon G. Carter Foundation** 

**Area Agency on Aging of North Central Texas** 

**Area Agency on Aging of Tarrant County** 

**BNSF** Foundation

**Community Foundation of North Texas** 

Fort Worth Police Department - Chief Jeff Halstead

**Fort Worth Transportation Authority** 

**GM Financial** 

**Home Instead Senior Care** 

Rosalyn Rosenthal

Tarrant County Commissioner Andy Nguyen

Tarrant County Judge B. Glen Whitley

The Morris Foundation

The Rvan Foundation

**United Way of Tarrant County** 

Past Board Members: Mary Lou Almendarez, Oscar Garcia,

Ralph Gary, Art Holtz

Past Board President: Joseph D. Taylor, CPA

Introduction of Speaker Reverend Michael Glaspie

Member at Large, Arlington City Council

Speaker Honorable Robert Cluck, MD

Mayor, City of Arlington

Adjourn Dr. Amy Moss

Line Wilson

Chairperson, Marketing Task Force

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# Thank You for Supporting SCS

		O			
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Kevin R.	Allen	Charles T.	Dolbee	Tony	Jones
Michelle K.	Anderson	Charlene	Dorsey	Parvaneh	Katoli
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Delbert	Arthur	F.G.	Draper	Robert J.	Kelly
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Drs. Daniel & Peggy	Barbaro	Douglas M.	Evans	Leah	Keyes
Robert & Anne	Bass	David R.	Fabianke	Janice	Knebl, DO, MBA
Debbie	Bellows	Thomas	Fairchild, Ph.D.	Rodney L.	Kreger
Alain	Bensoussan	Sidney	Feeler	Pem D.	Lama
Alok	Bhaskar	Ben L.	Flanagan	Beverly	Lampley
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Nuanjan	Blue	Karen S.	Foster	Marilyn	Leamer
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Janet	Bradley	Jeffrey L.	Gales	Jock D.	Luckett
Nancy E.	Brannon	Owen Hok Ming	Gan	Larry M.	Lyons
Audrea	Brock	Cynthia B.	Garcia	Janet	Mack
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			5

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by Judith Cohen, Jessica Siegel
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by Rosalyn Rosenthal

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by Tommie Sandstrom
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