FINANCIAL REPORT 2016

**REVENUE**

- Federal Grants: 49%
- Donations & Grants: 15%
- CDBG/City/County: 13%
- United Way: 9%
- Program Contribs.: 7%
- Events/Other: 7%

**EXPENSES**

- Program Services: 75%
- Management and General: 21%
- Fundraising: 4%

1200 Volunteers donated 130,948 hours last year valued at over $3-million

WHOA WE SERVE

**Participation**
- 5,000 Served annually
- 3,500 Meal participants
- 440 Van passengers received over 35,000 trips
- 975 Wellness workshop participants
- 500 Screened for benefits

**Demographics**
- 74% Female
- 56% Racial minorities or Hispanic/Latino
- 14% Veterans
- 14% Receive Medicaid benefits
- 82% Receive Medicare benefits

**Nutrition & Socialization**
- 208,996 Meals served in 2016
- 84% Eat at a Center more than once per week
- 76% Receive Tarrant Area Food Bank groceries at their Center monthly
- 89% Come to a Center to socialize
- 92% Increase their social interaction

**Health & Wellness**
- 65% Participated in health education
- 46% Participated in nutrition education
- 80% Participated in physical fitness
- 14% Received financial literacy training
- 92% Live in the same house as they did one year ago

Source: Evaluation surveys were collected from 961 out of 3,500 meal participants; surveys were in English, Spanish, and Vietnamese.
THE Challenges FACING OLDER ADULTS

HUNGER & POVERTY
51% See Center meals as their most important source of nutrition
52% Spend less than $125 per month on groceries

TARRANT COUNTY POPULATION, AGE 65+
Today: 200,000 (10% of 2-million total)
2030: 720,000 (30% of est. 2.4 million)

ISOLATION
47% Live alone
69% Unmarried
42% Only social contact is at a Center

IILLNESS
65% Have high blood pressure
45% Have high blood sugar or diabetes
71% Take three or more prescriptions daily

DEPENDENCE
28% Have mobility issues
37% Cannot drive themselves to their center

Sixty & Better
Where Healthy Aging Begins

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